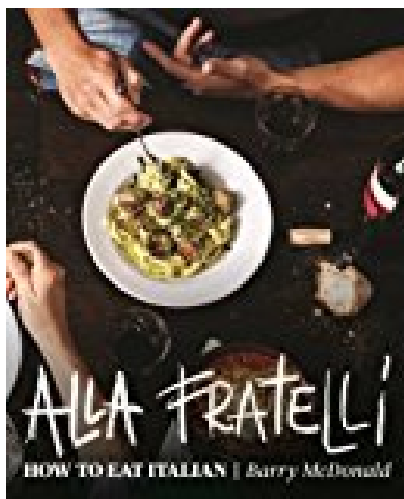


Alla Fratelli How to Eat Italian



BOOK DETAILS

- Author : Barry McDonald
- Pages : 272 Pages
- Publisher : Allen & Unwin
- Language : English
- ISBN : 1743364717

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BOOK SYNOPSIS

Alla Fratelli has the stories, the ingredients, the recipes, and the secrets behind Sydneys favorite Italian restaurant, Fratelli Fresh. Each week, Fratelli Fresh feeds between 15-20,000 people across its Sydney-based food empire. Alla Fratelli is all about seasonal, fresh, heart-warming, delicious eating, dedicated to flavor and tradition--but it rips up the rule book at the same time, challenging some of the older Italian traditions and putting meals together that suit the way we live now. This is how we should all be cooking at home, with fresh, beautiful, simple, generous, messy Mediterranean market food, shared with children, parents, friends, and neighbors.

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