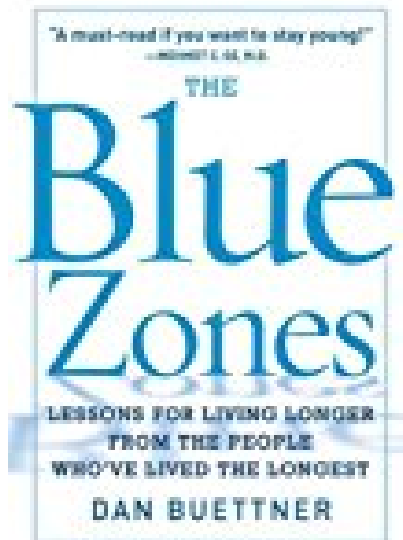


The Blue Zones Lessons for Living Longer From the People Whove Lived the Longest



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